



## It's cool to be kind at our school!

Our values make us a fantastic school. We are amazing at showing them all of the time which means that bullying is very rare at our school.

However, if you ever come across bullying you need to act on it so that our school continues to be the best!

Bullying can be emotional, physical, verbal or happen online. Bullying happens **Several Times On Purpose** and needs to be **STOPped**. If you feel that you are being bullied or have seen a bullying incident then please do the following...

### What should you do if you're being bullied?

#### Do...

- Always tell an adult in our community.
- If you are scared to speak to someone use the worry box in your classroom.
  - Walk away and find somebody else to play with.

#### Don't...

- Think it's your fault.
- Show the bullies that you are angry or upset.
  - Say anything back to them.
  - Hide it.

### What should you do if you see someone being bullied?

#### Do...

- Tell an adult in our community at the first opportunity.
  - Tell the bully to stop if it is safe to do so.

#### Don't...

- Ignore it and keep silent about what you have seen.
  - Join in with the bullying.

***Our community works together to ensure that everybody feels safe and happy at Windmill Primary School. We treat each other with respect and kindness and help those who find it difficult.***

As a school we take bullying very seriously and it is our promise that if bullying is happening in our school then it will be dealt with.

## Remember- It's Cool to Be Kind!