



## Principal's message

# NEWSLETTER

Term 2 – 8<sup>th</sup> November

This first week back has been another busy time. I hope you have found the additional curriculum information this term useful in knowing whatnot only the subjects, but also more of the content which will be taught.

Next week we are thrilled to be inviting parents back to our celebration assemblies on a Thursday. If your child is being awarded the achievement certificate for the week, we notify you on the Wednesday for you to join us and see them accepting their awards. Just remember it will still be a secret to them until they get it on the Thursday..... Shhhhh

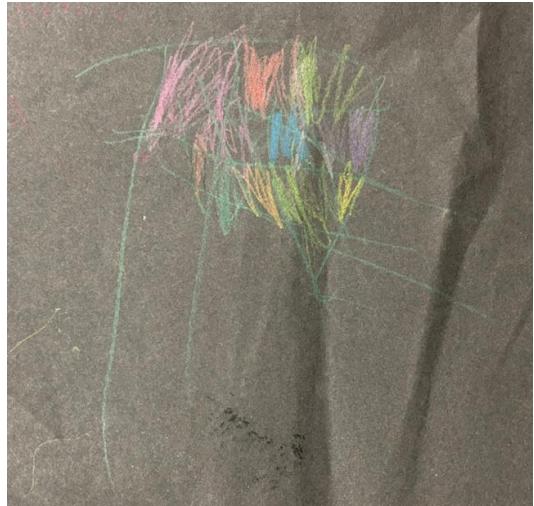


## Upcoming Dates

13/11/24	Coggins (Mr Maxey) Class Assembly 2.45pm
15/11/24	Children in Need – Sporty non-uniform
20/11/24	Horrell (Mrs Cox) Class Assembly 2.45pm
22/11/24	Mufti Bottle Tombola
27/11/24	Lawrence (Miss Catling) Class Assembly
4/12/24	Panto

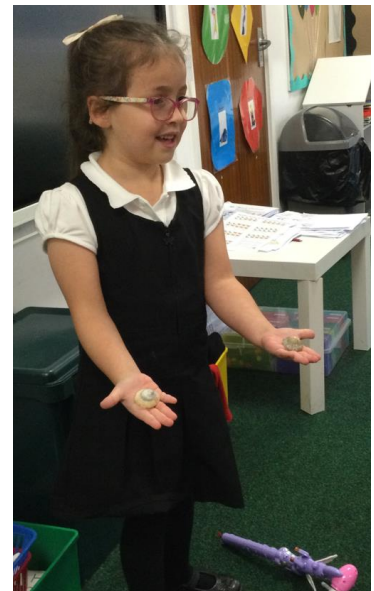
# Windmill's Wonderful Work

Reception have returned from half term refreshed and ready to learn! We have had a busy week celebrating bonfire night and Diwali and have created some beautiful firework pictures and Rangoli patterns. The children loved listening to the story of Rama and Sita and how good triumphs over evil.



## Year 1

Year 1 have had a great week back after half term. We have started our new English topic about instructions and have learnt about different materials in Science. The children loved sharing their experiences and memories during show and tell. Can we please remind you that items for show and tell need to hold a memory, be an experience or an achievement.



# Windmill's Wonderful Work

## Year 2

Year 2 have made a really good start on their new geography topic. Over this term we are going to be contrasting Raunds with the Amazon Rainforest. This week we have focused on Raunds and investigated the human features of the area. A human feature is something that has been built or put there by a person. Can you think of any others?



## Year 3

Year 3 really enjoyed learning about what effect the food we eat has on our bodies. The children loved building upon what they learnt in their science lessons last year. We looked at food packaging to find out how much sugar fibre and fats the food contained.



	Cheerios	skim milk	Cereal for Children under 4
Amount Per Serving	100	150	80
Calories	15	20	10
Calories from Fat			
Total Fat 2g*	3%	3%	1.5g
Saturated Fat 0.5g	1%	1%	0.5g
Trans Fat 0g	0%	0%	0g
Polysaturated Fat 0.5g	1%	1%	0.5g
Monounsaturated Fat 0.5g	1%	1%	0.5g
Cholesterol 0mg	0%	0%	0mg
Sodium 140mg	5%	9%	20
Potassium 180mg	7%	11%	30
Total Carbohydrate 20g	11%	11%	10
Dietary Fiber 3g			1.5g
Soluble Fiber 1g			0.5g
Sugars 1g			0.5g
Other Carbohydrate 16g			10
Protein 3g			1.5g

Nutrition Facts	
About 4 servings per container	
Serving size	1 cup (240 mL)
Amount per serving	
Calories	90
Total Fat 2g	3%
Sodium 630mg	27%
Total Carbohydrate 13g	5%
Dietary Fiber 2g	7%
Total Sugars 9g	
Includes 3g Added Sugars	6%
Protein 4g	
Iron 1mg 6%	Potassium 459mg 10%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
5 servings per container	
Serving size	1 bar (25g)
Amount per serving	
Calories	160
Total Fat 12g	15%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 9g	3%
Dietary Fiber 3g	11%
Total Sugars 3g	
Includes 3g Added Sugars	6%
Protein 3g	
Vit. D 0mcg 0%	Calcium 21mg 2%
Iron 5mg 30%	Potas. 278mg 6%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	



# Windmill's Wonderful Work

## Year 4

This week in Year 4, we embarked on an exciting journey into the vibrant world of colour! Our focuses were primary, secondary, and tertiary colours. First, we explored the primary colours (red, blue, and yellow) discussing how these colours form the foundation of the colour wheel. Then we discovered how mixing these colours together creates secondary colours. We then explored tertiary colours, understanding how they derive from mixing primary and secondary colours. We can't wait to continue our artistic adventure next week!



With Christmas fast approaching we are thinking about those families that are struggling and are worried about coping over the festive season. Raunds Foodbank support many families in Raunds and we would like to show our appreciation for what they do by giving back to them.

Over the next few weeks we will be collecting donations for this worthy charity. If you are able to donate anything, no matter how small please send it into school with your child. We will collect everything together and deliver to the Foodbank week commencing 18<sup>th</sup> November. Please can all donations to be in school by Friday 15<sup>th</sup> November.

Acceptable items:

Tinned food

Dried food/packets

Toiletries

Household cleaning products.

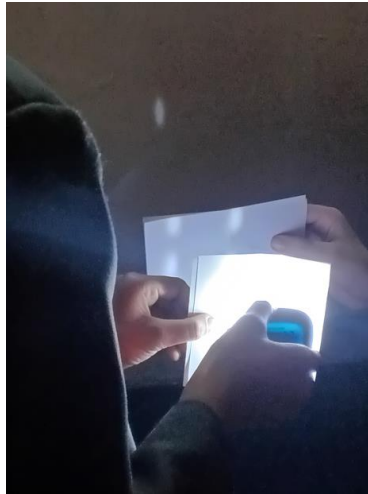
Thank you in advance

# Windmill's Wonderful Work

## Year 6

What a fabulous start to the second half of the Autumn term. It was lovely to meet so many families at Parent's Evening this week. We, and your children, appreciate your involvement in their learning.

This week we started to revisit our understanding of light. We thought of ways to try to prove that light travels in straight lines.



## Breakfast and Afterschool Club

Beautiful Poppies painted by the children in Breakfast Club.





# Let's Get Active- November

<b>1</b>	Wrap up and go for a wintery walk around the local area.	<b>2</b>	Go and watch a firework display or host your own at home.	<b>3</b>	Hold the plank position for as long as you can without falling.	<b>4</b>	Set a 5 minute timer and see how many items you can find around the house starting with 's'.	<b>5</b>	Spend time outside and breathe in the fresh air.	<b>6</b>	Set up a cosy movie night for your family or friends.	<b>7</b>	Sort out your wardrobe and get the winter clothes ready.	<b>8</b>	Create your own home workout to do indoors.
<b>9</b>	Offer to make a family member's lunch today.	<b>10</b>	Do 20 minutes of an exercise of your choice.	<b>11</b>	Do some baking with your friends or family.	<b>12</b>	Have a dance party at home with your favourite tunes on!	<b>13</b>	Help to prepare a roast dinner with your family.	<b>14</b>	Try to walk or cycle to school, or park further away from the entrance.	<b>15</b>	Jog on the spot to warm you up when you're feeling cold.	<b>16</b>	Go Christmas shopping for family or friends presents.
<b>17</b>	Try the NHS 10 minute shake up games.	<b>18</b>	Stand up after 15 minutes of watching the TV for the next 15 minutes.	<b>19</b>	Get some wellies on and go and splash in some puddles!	<b>20</b>	Cut up some fruit in the morning and snack on it throughout the day.	<b>21</b>	Take some of your old summer clothes to the charity shop.	<b>22</b>	Stand up whilst you read or do your homework.	<b>23</b>	Go and buy some Christmas cards to write for your friends and family.	<b>24</b>	Have a no technology day and enjoy quality time with family.
<b>25</b>	Set a timer for 1 minute and see how many star jumps you can do.	<b>26</b>	Go ice skating at your nearest ice rink.	<b>27</b>	Go for a walk and take pictures of your favourite winter scenes.	<b>28</b>	Collect natural objects to create a winter picture.	<b>29</b>	Help to tidy the house ready for Christmas decorations!	<b>30</b>	Visit a Christmas market and look around the stalls.				



JOIN US FOR A

# Mufti Day

**IN PREPARATION FOR THE FWPS'  
CHRISTMAS FAYRE PLEASE  
BRING A BOTTLE AS THE NON-  
UNIFORM DONATION**

**FRI 22ND NOVEMBER**

**Please ensure all bottle donations are  
full, sealed & in date as they will be  
used for our very popular bottle  
tombola at this years Christmas Fayre.**



# **F.W.P.S CHRISTMAS FAYRE**



**WED 11TH DEC  
3:30-5:30PM**

**Come & join the F.W.P.S for some festive  
fun at Windmill!**

**Plenty of games, yummy treats & a  
variety of stalls. Bring the whole family  
along to get into the Christmas spirit. We  
have a very special guest paying a visit,  
to officially open the Christmas fayre this  
year, so make sure you're on the nice list  
so he let's you in!**

**MEET US ON THE  
KS1 PLAYGROUND  
AT 3:30PM**

